

TODAY'S AGENDA



- 8:15 Welcome & Introductions
- 8:30 Why Walkability Matters; Walkability Principles, Deterrents and Treatments
- 9:15 Assessing Walkability – The Survey Tool
- 9:30 BREAK
- 9:45 Walking Audit Site #1 Lacey
- 11:00 Walking Audit Site #2 Tumwater
- 12:10 LUNCH
- 12:45 Walking Audit Site #3 Olympia
- 2:00 Observations, Next Steps Action Plans
- 3:00 Wrap Up

Urban Corridor Communities – Walkability Audit

Please Join Us to
**Improve Walking around
Lacey, Tumwater, and Olympia**



What
A partnership of local governments is hosting a 'Walkability Audit' of three corridor planning districts. Experts from the US EPA will conduct a short training session followed by an audit of three priority locations.

Community leaders are encouraged to join us in this Walkability Audit. Participant comments and audit findings will help guide local district planning efforts, to make our streets safer and more inviting to pedestrians.

Space is limited to 35, so reserve your seat today.

RSVP/Questions
Please RSVP by **August 3, 2012** to:

Walkability Coordinator
Steven W. Morris, Senior Planner
Thurston Regional Planning Council
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Technical assistance is being provided by the Building Blocks for Sustainable Community Program at US EPA.

**Saturday, August 11, 2012
8 am to 3 pm**

Walkability Training – Lacey City Hall
Learn what makes streets GREAT and how to use the Walkability Audit Tool.

Walk Audit #1 – Woodland Square
Start at Lacey City Hall and walk toward the InterCity Transit - Transit Center, on to Hunter Park, and then back to College Street. Board a reserved InterCity Transit bus to the next site.

Walk Audit #2 – Tumwater Square
Locate neighborhood connections around Safeway, view the InterCity Transit - Transit Center, walk along Cleveland Avenue toward Custer Way, and loop back to Capitol Boulevard. Lunch and refreshments will be provided at this site. Reboard the bus.

Walk Audit #3 – Martin Way
View pedestrian crossing along 4th Avenue from the bus. Start near Phoenix Street and walk to Pattison Street along an old segment of Highway 99. Reboard the bus for a debriefing at Lacey City Hall.





Walkability: Making the Case

Safety

DANGEROUS BY DESIGN 2011

Between 2000 – 2009,
more than 47,700
pedestrians were killed
in the U.S.

43 pedestrian fatalities
or serious injuries in
Jackson County during
2006-2010.

Solving the Epidemic of Preventable Pedestrian Deaths



Health & Well Being

Vehicle-miles traveled has a stronger correlation with obesity than any other factor.



**AT THE
INTERSECTION OF
PUBLIC HEALTH
AND
TRANSPORTATION:**

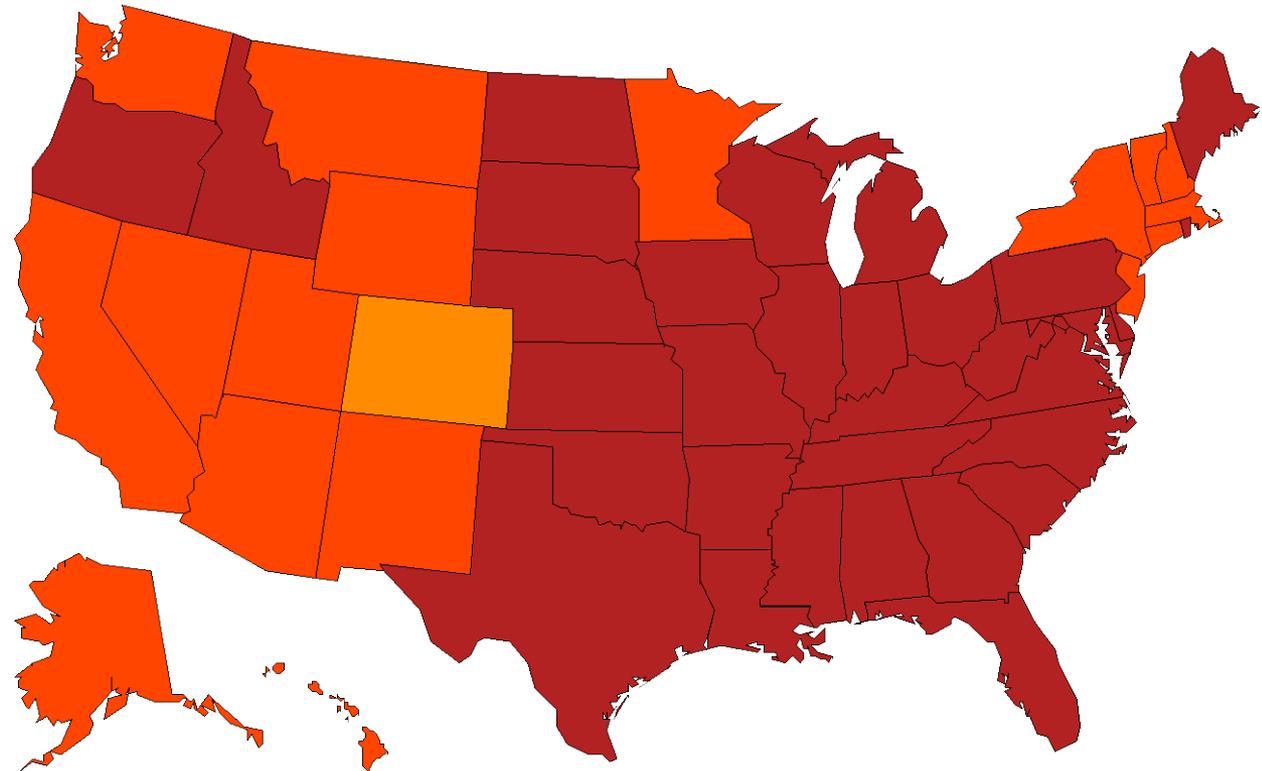
Promoting Healthy
Transportation Policy

Obesity Rates

2010



Obesity (BMI ≥ 30)



Missing Data

14.0%–17.9%

22.0%–25.9%

<14.0%

18.0%–21.9%

≥ 26.0%

Obesity



- Obesity is the nation's fastest rising public health problem.
- Childhood obesity has tripled in the past 30 years.
- Two-thirds of American adults 20 years of age and older are overweight or obese.

Obesity

- The total economic cost of obesity is \$270 billion per year.
- Overweight children are more likely to become obese adults.



Diabetes

In October 2010, the CDC reported that if current trends continue, one out of three Americans will have diabetes by 2050.

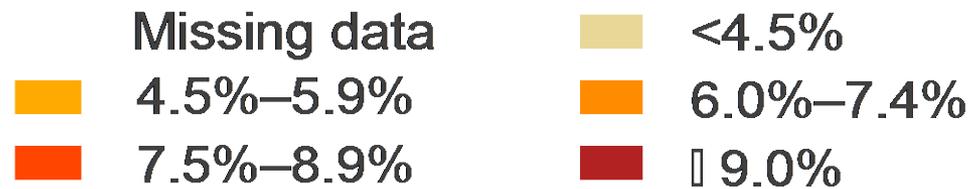
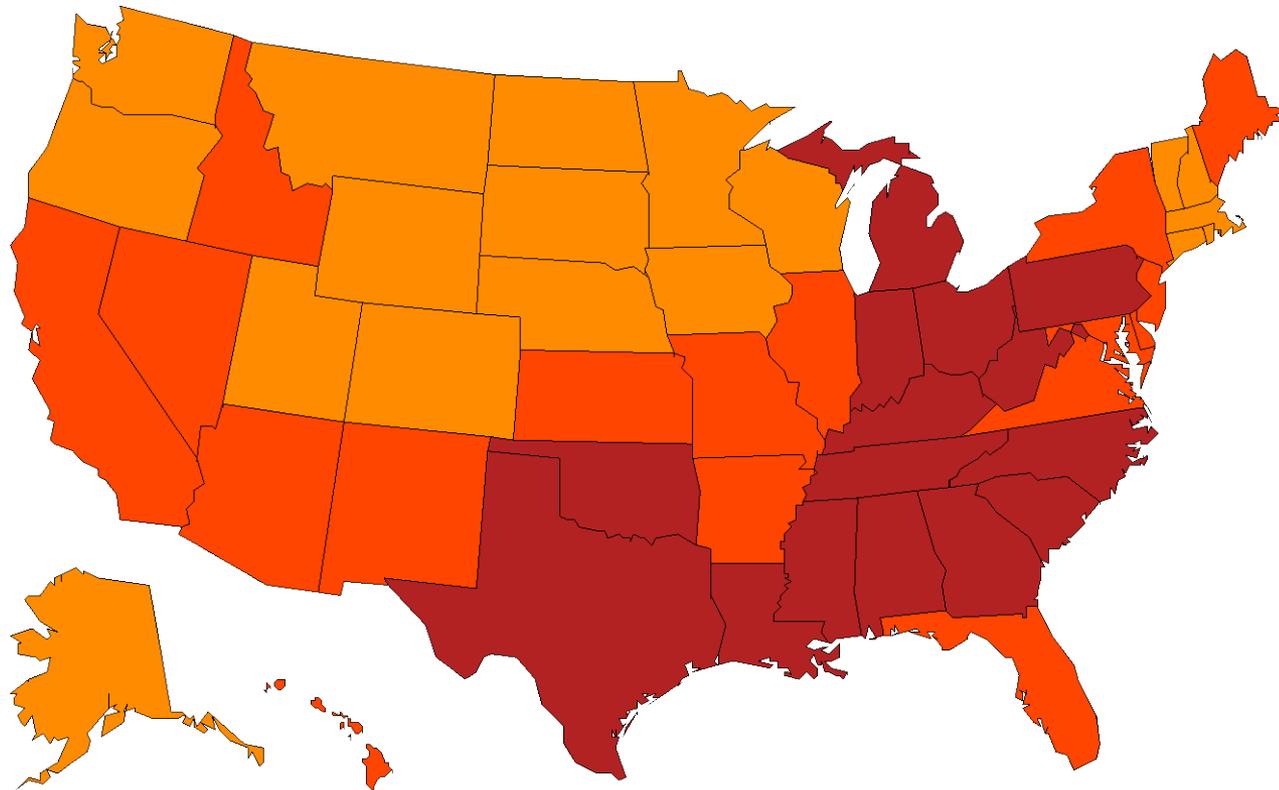


Diabetes Rates

2010



Diabetes



Youth Wellness



From 1969 to 2001, the percentage of students walking and bicycling to school in the United States declined from 41 percent to 13 percent.

Youth Wellness

- Since 2000, antidepressants have become the most prescribed medication in the United States.
- This generation of children could be the first in the history of the United States to live less healthy and shorter lives than their parents.



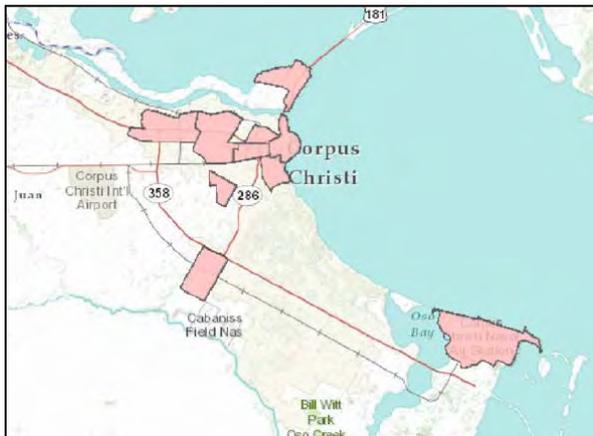
Benefits of Active Transportation



Walking and cycling for transportation can reduce cardiovascular risk by 11 percent.

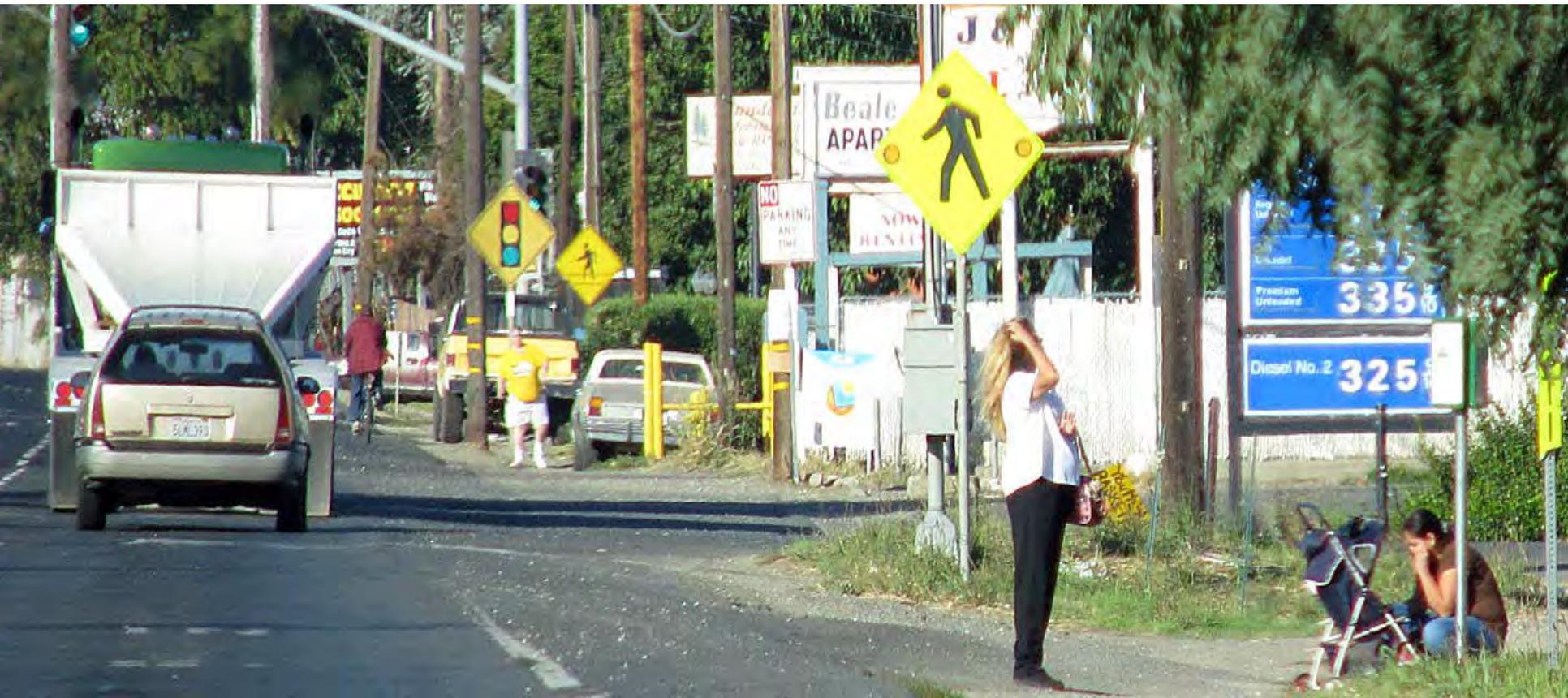
Equity & Prosperity

Americans in the lowest 20 percent income bracket, many of whom live in rural settings, spend about 42 percent of their total annual incomes on transportation, compared to 22 percent among middle-income Americans.



Equity & Prosperity

Nearly 1/3 of the United States population is transportation disadvantaged and without reliable access to food, medical care, employment or educational opportunities.
In Thurston County, 4.5% have no car available.



Equity & Prosperity

Half of all non-drivers age 65 and over – almost 4 million Americans – stay at home on a given day because they lack transportation.



Sustainability



Carbon emissions from transportation will be 41 percent above today's levels in 2030 if driving is not curbed, according to the Urban Land Institute.

Sustainability

Congestion cost \$87.2 billion in hours and fuel in 2007.



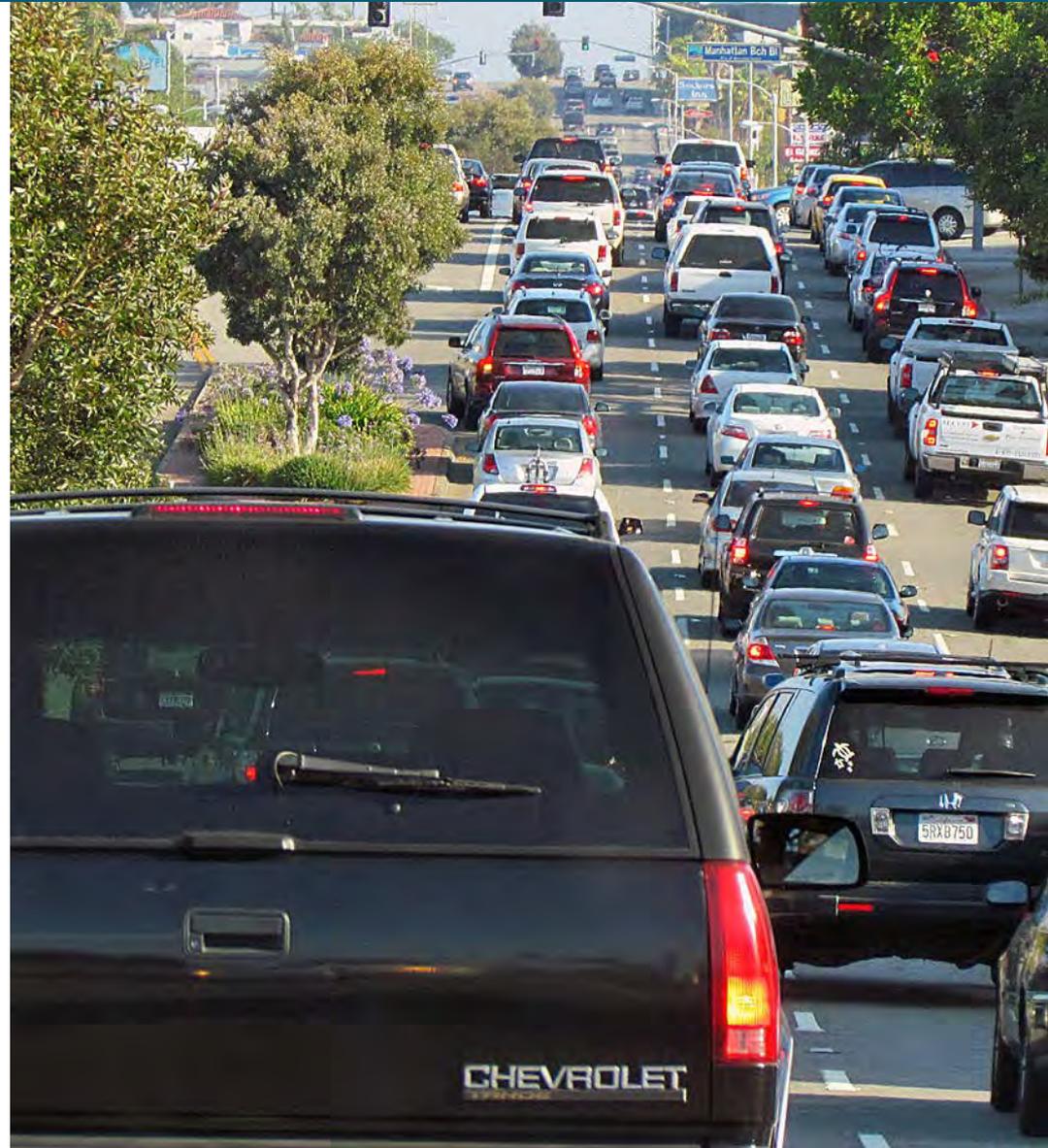
Sustainability

Simply increasing bicycling from 1 percent to 1.5 percent of all trips in the United States would save 462 million gallons of gasoline each year.



Sustainability

- About 22 million people are currently diagnosed with asthma
- Each year, asthma accounts for 14 million days of missed school days by children.





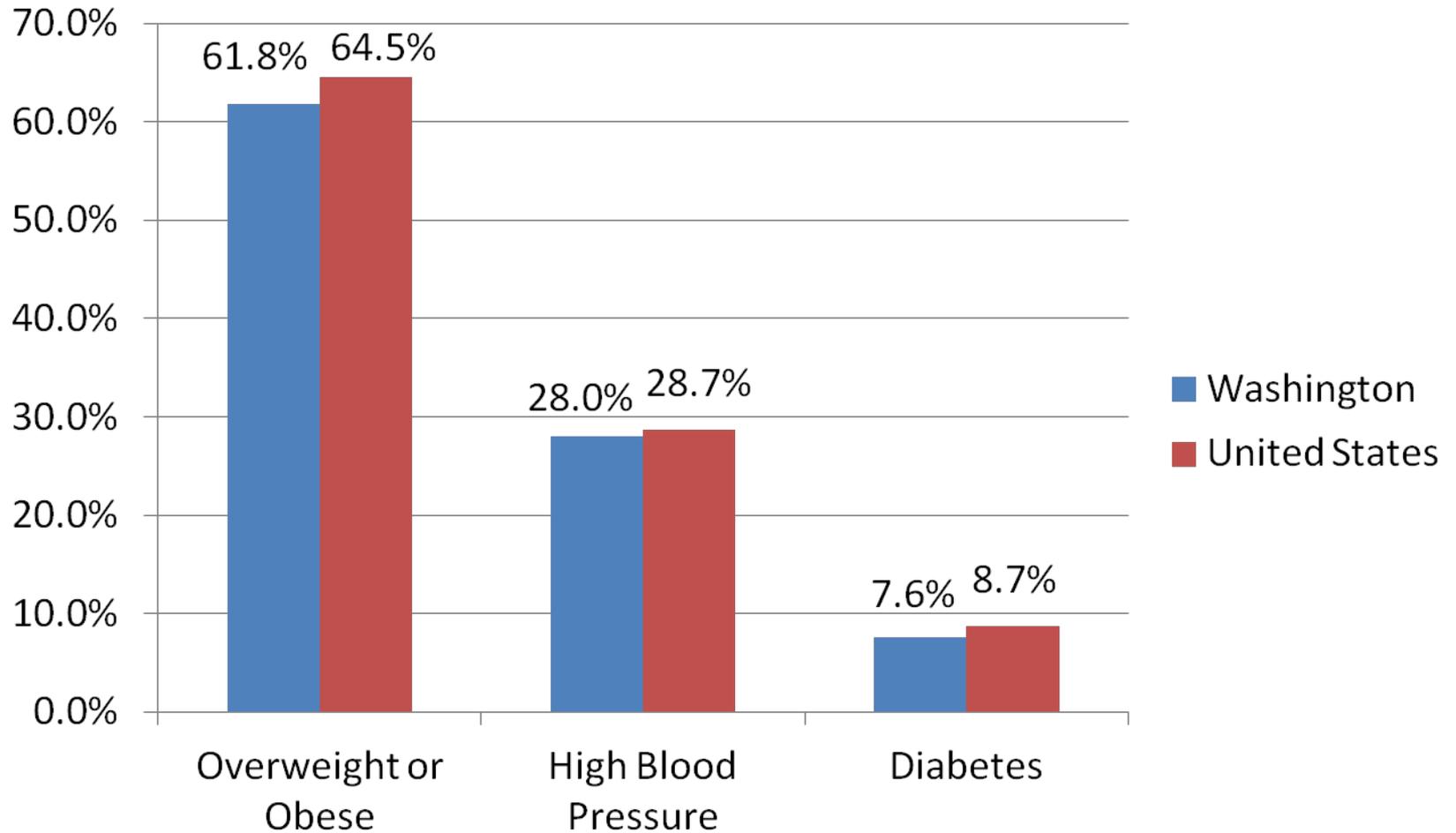
The modern America of obesity, inactivity, depression and loss of community has not happened to us; rather we legislated, subsidized and planned it.

Olympia Crashes

- 458 people were killed in motor vehicle crashes statewide in 2010.
- Between 2000 and 2009, there were 19 pedestrian fatalities in Thurston County (7.8% of all traffic deaths).



Health Data: Washington (adults)



Air Quality: Washington



- Adult asthma prevalence in Washington is 9.3%. The U.S. rate is 8.5%. Vehicle exhaust can be an asthma trigger.
- In 2011, the air quality in Thurston County was "moderate" on 16 days and "good" on all other days (EPA Air Quality Index Report).

Social Equity: Washington



- 4.8% of households in Thurston County have no vehicles available (statewide rate is 6.5%).
- 10.3% of Thurston County residents live below the poverty level. (statewide figure is 12.1%).



For More Information

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